

MSBTE CODE: 2145

Dharti Janseva Pratishthan's

DTE CODE: 2590

DJPS College of Pharmacy

At. Pohetakli Tq. Pathri Dist. Parbhani.

Approved by PCI, DTE Recognized by Govt. or Maharashtra & Affiliated to Dr.BATU Lonere.

Email Id :- djps.bpharmacy@gmail.com

Contact :- 9960473617

Ref: DJPS/PRIN/2023/CIR001

Date: 18/05/2023

CIRCULAR

The Yoga & Meditation cell of our institution is organizing "International Meditation day" on 21/05/2023 in college premises. Hence, all the Teaching, Non teaching staff and students are requested to participate for your health benefit.

COPY TO:

- **IQAC**
- All the HODs
- All the Faculties
- Administrative Officer
- Notice Boards

PRINCIPAL Dharti Janseva Pratishthan's DJPS College of Pharmacy (B.Pharm Cohetakali Tq. Pathri Dist. Parbhani

2590

At. Pohetakli Tq. Pathri Dist. Parbhani.

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Email Id :- dips.bpharmacy@gmail.com

Contact :- 9960473617

BROCHURE

LIFE SKILLS PROGRAM

INTERNATIONAL MEDITATION DAY



Date: 21/05/2023



DJPS College of Pharmacy
At. Pohetakli Tq. Pathri Dist. Parbhani.

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DJPS College of Pharmacy

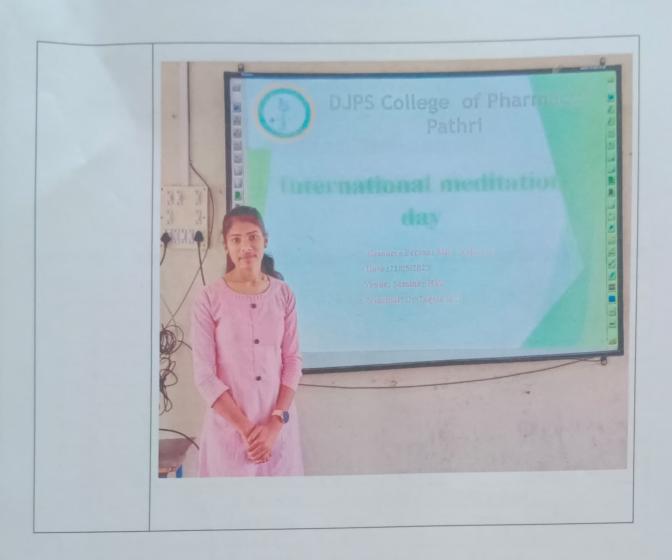
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Email Id :- djps.bpharmacy@gmail.com

Contact :- 9960473617

Name of the Activity	International Meditation day	
Type of Activity	Life Skills	
Date and Time of Activity	21/05/2023	10:00AM
Details of Participants	25	
Resource Person	Mr. Naik Aarti	
Description	On May 21, 2023, DJPS Co- International Meditation Day, for students. The event commenced at tranquility enveloping the campu- gathered to partake in a series of enhancing mental well-being. The meditation session, led by experi- serene environment conducive to se- techniques were explored, accom- seasoned practitioners. Additional benefits of meditation in improvi- enhancing overall cognitive function only emphasized the importance of provided a platform for participant insights. The college grounds tran- energy, promoting holistic well-be- participants emerged rejuvenated a for managing the demands of ac- International Meditation Day at Da- to be a transformative experience, re- reinforcing the importance of macademic and personal excellence.	ostering life skills among its 10:00 am with an atmosphere of its. Students, faculty, and staff mindfulness activities aimed at the day began with a guided denced practitioners, creating a self-reflection. Various meditation amodating both beginners and ly, informative sessions on the ing focus, reducing stress, and in were conducted. The event not meditation as a life skill but also is to share their experiences and asformed into a hub of positive ing. As the clock struck noon, and armed with newfound tools cademic and personal life. The JPS College of Pharmacy proved nurturing essential life skills and
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Contact :- 9960473617

International Meditation day

S. NO	ROLL NO	NAME OF THE STUDENT	SIGNATURE OF THE STUDENT
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Email Id: - djps.bpharmacy@gmail.com

Contact :- 9960473617

Name of the Activity	National Physical fitness Day	
Type of Activity	Life Skills	
Date and Time of Activity	21/09/2022	10:00AM
Details of Participants	22	
Resource Person	Miss. Joshi Mugdha	
Description	On September 21, 2022, DJPS College National Physical Fitness Day, champion academic environment. The day commer 8:00 am, bringing together students commitment to prioritize physical well-fitness activities, ranging from yoga informative workshops on nutrition at participated in sports competitions, for teamwork. The college's sports facilities engaged in various physical challenges, lifestyle. Health experts and fitness entithe significance of maintaining physical academic success. The event underscored a holistic educational experience, received between physical health and academic academic all Fitness Day, DJPS College of resolve to prioritize and uphold a culture essential life skills to navigate the chall spheres	ing the integration of life skills lifto the need with an invigorating assembly at a faculty, and staff in a collective being. The event featured a series of sessions and group workouts to and holistic health. Students actively estering a spirit of camaraderie and a buzzed with energy as participants promoting the importance of an active husiasts delivered insightful talks on al fitness for overall well-being and at the college's dedication to cultivating cognizing the symbiotic relationship chievement. As the sun set on National Pharmacy echoed with the collective of wellness, equipping students with
Photos		

19+20+21+22

Dharti Janseva Pratishthan's

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Contact :- 9960473617

DTE CODE: 2590

Ref: DJPS/PRIN/2022/CIR002

Date: 18/09/2022

CIRCULAR

The Yoga & Meditation cell of our institution is organizing "National Physical fitness Day" on 21/09/2022 in college premises. Hence, all the Teaching, Non teaching staff and students are requested to participate for your health benefit.

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Dharti Janseva Pratishthan's
DJPS College of Pharmacy (B.Pharm
Pohetakali Tq.Pathri Dist. Parbhani



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LIFE SKILLS PROGRAM

NATIONAL PHYSICAL FITNESS DAY



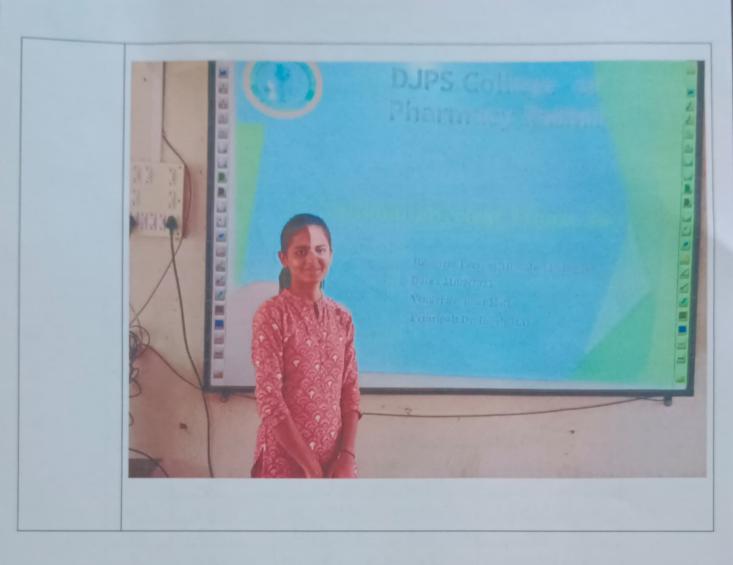
Date: 21/09/2022

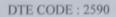


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Contact :- 9960473617

National Physical fitness Day

Sr.No	ROLL NO	NAME OF THE STUDENT	SIGNATURE OF THE STUDENT
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Contact :- 9960473617

DTE CODE: 2590

Ref: DJPS/PRIN/2021/CIR003

Date: 18/06/2021

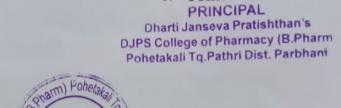
CIRCULAR

The Yoga & Meditation cell of our institution is organizing "International Yoga Day" on 21/06/2021 in college premises. Hence, all the Teaching, Non teaching staff and students are requested to participate for your health benefit.

COPY TO:

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LIFE SKILLS PROGRAM

INTERNATIONAL YOGA DAY



Date: 21/06/2021



DJPS College of Pharmacy

At. Pohetakli Tq. Pathri Dist. Parbhani.

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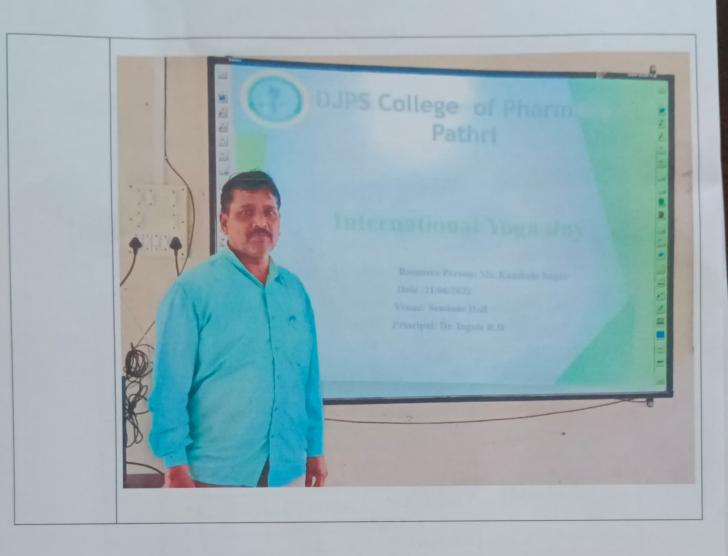
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Email Id :- djps.bpharmacy@gmail.com

Contact :- 9960473617

Name of the Activity	International Yoga Day	
Type of Activity	Life Skills	
Date and Time of Activity	21/06/2021 10:00AM	
Details of Participants	25	
Resource Person	Mr. Kambale Sagar	
Description	On June 21, 2021, DJPS College of Phacelebration of International Yoga Day, rein fostering life skills among students. Or grounds became a vibrant hub where students of yoga sessions led by experience encompassing various yoga forms and included mindful breathing exercises, physical fitness, mental clarity, and essessions, the college organized information principles of yoga, emphasizing its time Experts shared insights on seamlessly in both on and off the mat, for a more balance of International Yoga Day at DJPS Constitution's commitment to nurturing in the holistic development of its students skills for a well-rounded future.	Commencing at 10:00 am, the college idents, faculty, and staff gathered for a rienced instructors. These sessions, catering to practitioners of all levels, asanas, and meditation, promoting emotional balance. Beyond the yoga ive workshops on the philosophy and eless relevance in contemporary life. Incorporating yoga into daily routines, need and fulfilling life. The celebration college of Pharmacy exemplified the not only academic excellence but also
Photos		



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Email Id :- dips.bpharmacy@gmail.com

Contact :- 9960473617

International Yoga Day LIST OF PARTICIPANTS

Sr. NO	ROLL NO	NAME OF THE STUDENT	SIGNATURE OF THE STUDENT
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Email Id :- djps.bpharmacy@gmail.com

Contact :- 9960473617

DTE CODE: 2590

Ref: DJPS/PRIN/2020/CIR004

Date: 18/06/2020

CIRCULAR

Yoga & Meditation cell of our institution is organizing "Stress Management by Yoga" On 18/06/2020 in college premises. Hence, all the Teaching, Non teaching staff and students are requested to participate for your health benefit.

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LIFE SKILLS PROGRAM

STRESS MANAGEMENT BY YOGA



Date: 21/06/2020



DJPS College of Pharmacy

At. Pohetakli Tq. Pathri Dist. Parhhani.

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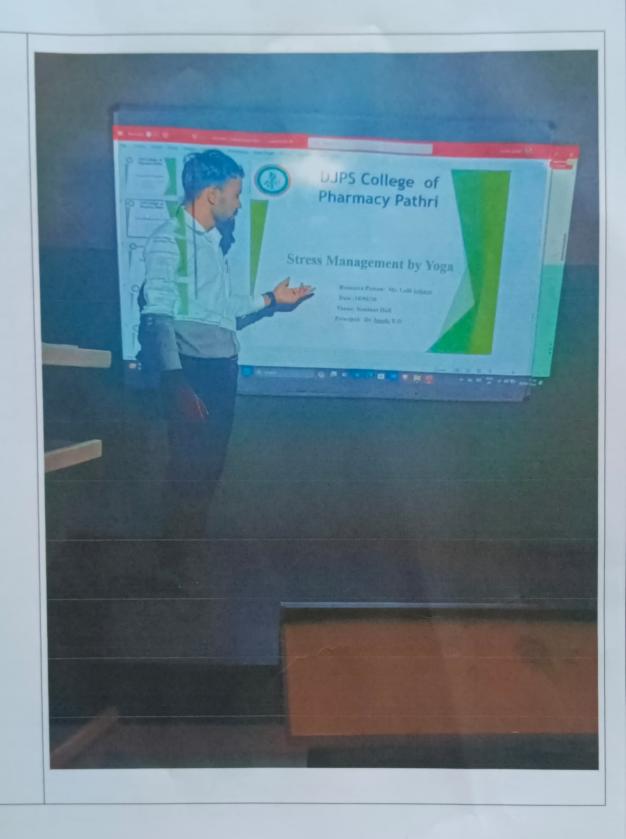
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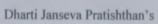
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Email Id :- djps.bpharmacy@gmail.com

Contact :- 9960473617

Name of the	Otrono Management by Vana	
Activity	Stress Management by Yoga	
Type of Activity	Life Skills	
Date and Time of Activity	18/06/2020	10:00AM
Details of Participants	25	
Resource Person	Dr.Lalit Kokare	
Description	On June 21, 2020, at 10:00 am, Do transformative event, "Stress Management skills into the academic environment. The haven of serenity as students, faculty, and featuring calming asanas, breathing extractional tools aimed at providing only the physical benefits of yoga but also being. In addition to the physical presessions explored the science behind shedding light on the physiological and practice. The event fostered an open decreating a supportive atmosphere we experiences and coping strategies. The discussions on seamlessly integrating you well-being, exemplifying DJPS College of its community with essential life skill success.	nt by Yoga," seamlessly integrating life the college grounds transformed into a staff engaged in expert-led sessions acroises, and meditation techniques. Effective stress relief, emphasizing not to its profound impact on mental well-actices, workshops and informative stress management through yoga, if psychological benefits of a regular ialogue on stress-related challenges, there participants shared personal this holistic approach extended to oga into daily routines for sustained Pharmacy's commitment to equipping
Photos		







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Stress Management by Yoga

Sr. NO	ROLL NO	NAME OF THE STUDENT	SIGNATURE OF THE STUDENT
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	46	Shorikh zerboje	Sheikh
	62	Makhate Icadaren.	Kedera N.



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PRINCIPAL
Dharti Janseva Pratishthan's

DJPS College of Pharmacy (B.Pharm Pohetakali Tq.Pathri Dist. Parbhani

Ref: DJPS/PRIN/2019/CIR005

Date: 18/06/2019

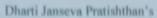
CIRCULAR

The Yoga & Meditation cell of our institution is organizing "International Yoga Day" on 21/06/2019 in college premises. Hence, all the Teaching, Non teaching staff and students are requested to participate for your health benefit.

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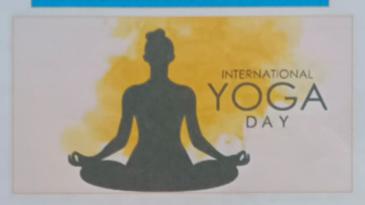
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BROCHURE

LIFE SKILLS PROGRAM

INTERNATIONAL YOGA DAY



Date: 21/06/2019



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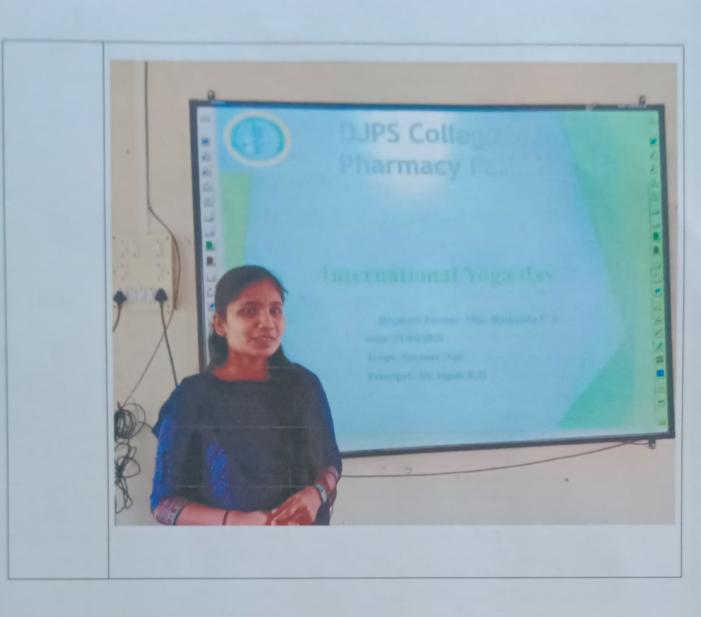
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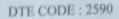
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Email Id :- djps.bpharmacy@gmail.com

Contact :- 9960473617

Name of the Activity	International Yoga Day	
Type of Activity	Life Skills	
Date and Time of Activity	21/06/2019	10:00AM
Details of Participants	25	
Resource Person	Miss.Raskatla V.S	
Description	On June 21, 2020, at 10:00 am, Do transformative event, "Stress Management skills into the academic environment. The haven of serenity as students, faculty, and featuring calming asanas, breathing extractional tools aimed at providing only the physical benefits of yoga but also being. In addition to the physical processions explored the science behind shedding light on the physiological and practice. The event fostered an open decreating a supportive atmosphere we experiences and coping strategies. The discussions on seamlessly integrating you well-being, exemplifying DJPS College of its community with essential life skill success.	at by Yoga," seamlessly integrating life the college grounds transformed into a staff engaged in expert-led sessions acroises, and meditation techniques. Effective stress relief, emphasizing not to its profound impact on mental well-actices, workshops and informative stress management through yoga, if psychological benefits of a regular ialogue on stress-related challenges, here participants shared personal this holistic approach extended to oga into daily routines for sustained Pharmacy's commitment to equipping
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International Yoga Day

s. no	ROLL NO	NAME OF THE STUDENT	SIGNATURE OF THE STUDENT
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25	25	meindale pavan	Paran